



State of Arizona
Department of Education

Tom Horne
Superintendent of
Public Instruction

CN# 47-06

MEMORANDUM

To: School Health & Nutrition Program Sponsors
From: Mary Szafranski, Deputy Associate Superintendent
Arizona Department of Education, Health & Nutrition Services
Date: May 23, 2006
RE: Clarification for the Arizona Nutrition Standards (ANS) regarding hot chocolate

This memo is to clarify hot chocolate beverage products that are not specifically addressed in the ANS. It has been determined that hot chocolate products must meet the same standards as milk products. As a reminder, the milk standards are as follows:

1. Fat free, low fat (1% milk fat) and reduced fat milk (2% milk fat);
2. Reduced fat enriched rice, nut, or soy milk;
3. Flavored milk (i.e. chocolate, strawberry) may contain no more than 4 grams of sugar per ounce.

Thus, any hot chocolate beverage sold may not exceed the above standards regardless of how the hot chocolate was prepared (i.e. powdered reconstituted with milk or water, or a product made from scratch prepared with milk and chocolate). If the hot chocolate is homemade or is from a powdered reconstituted mix prepared with milk, it can only contain the types of milk listed above.

If you have questions or concerns regarding this memo, please contact your assigned School Health & Nutrition Program Specialist at 602-542-8700.